

# LOAF

- L Locally produced
- O Organically grown
- A Animal friendly
- F Fairly traded

# Why?

- Dominion/stewardship —  
Gen 1:26, 28
- Care for others — Mt 22:37,  
Mt 25:40
- Care for creation — Way of  
Life Element 6

# Locally produced

- Local shops
- Farmers' markets
- Less food miles
- Seasonal
- Home grown

# Organically grown

- Better for the environment
- Healthier soil
- Better for us
- Antibiotic residue & pesticides
- Not intensive farming
- Grow your own/ veggie boxes

# Animal friendly

- Fellow creatures – Lk 12.6
- Avoid abuse/mistreatment
- Humane treatment
- Non-intensive farming
- Reduce food miles

# Fairly traded

- Social justice
- Fair payment
- Fairtrade church
- Fairtrade home
- Remember home farmers

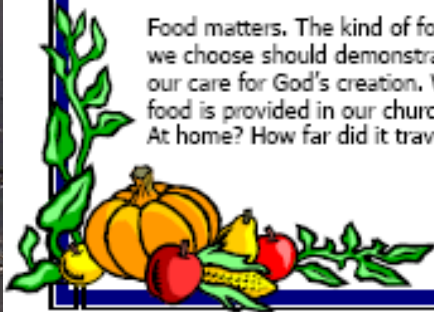
# A Message from Christian Ecology Link

## Use your LOAF to make a difference!

The importance of food as an environmental issue is increasingly apparent.  
As you eat your meal today, Christian Ecology Link invites you to reflect on the LOAF principles:

**Locally produced**  
**Organically grown**  
**Animal friendly**  
**Fairly traded**

Food matters. The kind of food we choose should demonstrate our care for God's creation. What food is provided in our church? At home? How far did it travel?



**Enjoy your meal!**



Bread has symbolic meaning. Jesus blessed and broke bread and gave it to his disciples saying 'Do this in remembrance of me'.